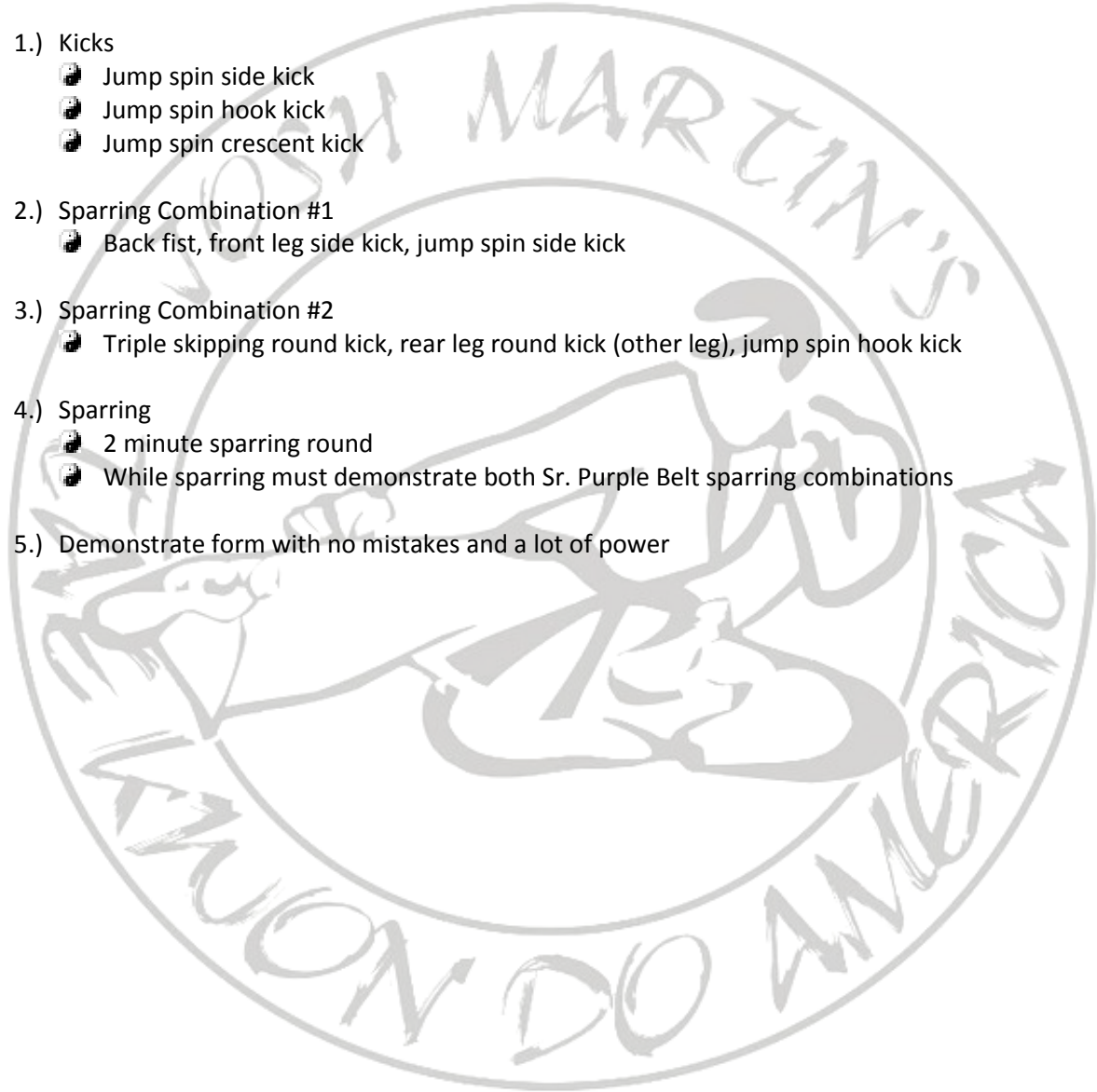


Sr. Purple Belt Stripe Requirements

Stripes

- 1.) Kicks
 - 👤 Jump spin side kick
 - 👤 Jump spin hook kick
 - 👤 Jump spin crescent kick
- 2.) Sparring Combination #1
 - 👤 Back fist, front leg side kick, jump spin side kick
- 3.) Sparring Combination #2
 - 👤 Triple skipping round kick, rear leg round kick (other leg), jump spin hook kick
- 4.) Sparring
 - 👤 2 minute sparring round
 - 👤 While sparring must demonstrate both Sr. Purple Belt sparring combinations
- 5.) Demonstrate form with no mistakes and a lot of power



Testing for Blue Belt is \$45.00