

## Probationary Black Belt Stripe Requirements

### Stripes

- 1.) New Techniques
  - ☛ New Ready Stance (Ready Stance D)
  - ☛ Reverse uppercut in a front stance
  - ☛ Double knifehand low block
- 2.) New Techniques
  - ☛ X Block High/Knifehand Low (in a closed stance)
  - ☛ Double front leg side kick/Reverse knifehand strike in a back stance when landing (with both sides)
- 3.) New Techniques
  - ☛ Reverse palm heel block slow in a front stance
  - ☛ Front leg crescent kick/Landing in a sitting stance back fist (both sides)
- 4.) New Techniques
  - ☛ Front kick step around double knifehand block
  - ☛ Horizontal spear hand in a front stance (slow)
- 5.) Old Forms
  - ☛ Won-Hyo (green belt)
  - ☛ Yul Guk (purple belt)
  - ☛ Joon Gun (belt belt)
- 6.) Form
  - ☛ Cite name and meaning of your form
  - ☛ Demonstrate form with a lot of power and no mistakes
- 7.) Board Breaking
  - ☛ Side kick or round kick with each leg

**Testing for Recommended Black Belt is \$75.00**