

Brown Belt Stripe Requirements

Stripes

- 1.) New Techniques
 - ☛ New Ready Stance (Ready Stance C)
 - ☛ Palm heel block in a sitting stance
 - ☛ Downward knifehand strike
- 2.) New Techniques
 - ☛ Hand grab in ready stance
 - ☛ Front leg side kick/Knifehand strike in a back stance
 - ☛ Two rear leg round kicks/Land in a back stance, double knifehand block
- 3.) New Techniques
 - ☛ Reverse punch in a fixed stance
 - ☛ Jump elbow in a back stance
 - ☛ Inner forearm block/Low block combination in a closed stance
- 4.) Demonstrate the Brown Belt Form
 - ☛ Cite the name and number of moves in this form
 - ☛ Demonstrate entire form
- 4.) Board Breaking
 - ☛ Must break board with hand technique
- 5.) Board Breaking
 - ☛ Must break board with foot technique

Testing for Sr. Brown Belt is \$75.00